

Med Missionary

Course Content & Overview

Goal

Our online Med Missionary Training is a six-week course that equips individuals to work as health and lifestyle coaches who use a plant-based diet, lifestyle, and natural remedies to combat both chronic and infectious disease while promoting physical wellbeing. Our course combines the Gospel with medical missionary work as outlined in the Spirit of Prophecy.

Course Delivery

Med Missionary Training is composed of weekly Sunday Lectures live on Zoom, video lectures and demonstrations, audio sermons, and other downloadable resources.

Course Content

- Health Lectures on leaky gut, digestive issues, autoimmunity, the microbiome, inflammatory vs healing foods, and much more
- The History of Medical Missionary Work audio lectures
- Health in the Bible lectures
- Food Preparation tutorials
- Downloadable resources in the form of PDFs, text documents, and more to supplement your education

Overview of Sunday Lectures

Each of our two-hour Sunday Lectures begin with a devotional, followed by an in-depth lecture with Dr. Joyce Choe and Mercy Ballard.

Week 1

How to use the Lifestyle & Health Evaluation form.

Week 2

Review of the Therapeutic Menu and shopping list, including proper meal planning utilizing plant-based, organic, non-GMO, soaked, and sprouted ingredients.

Week 3

Review of the therapeutic protocols for detoxing and healing “leaky gut” (the foundation of the majority of chronic disease); to decrease inflammation throughout the body; and how to develop daily routines and good habits.

Week 4

Natural remedies for gastrointestinal health, remedies for other ailments; use cases for poultices and hydrotherapy, and much more.

Week 5

Tune-up for coaching clients with severe or persistent symptoms, addressing weight issues, and helping clients continue in their healing journey.

Week 6

Lifestyle skills to coach others, fees, waiver of liability agreements, interest letters, and other considerations.

Assessment

There is a total of 7 short tests: 1 overall Health Lecture test, 5 for each of the History of Medical Missionary Training audio lectures, and 1 for the Health in the Bible lectures.

Certification

A digital certificate of completion will be made available for download to students who have successfully completed the 7 tests with a pass rate of 80% or higher on each test.

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