



# Online Resources

## Food Resources

<https://azurestandard.com>

- o Lots of organic foods, non-GMO for order monthly

<https://bluemountainorganics.com/stone-ground-organic-sprouted-buckwheatflour-bulk.htm>

- o Sprouted Buckwheat Flour in Bulk

<https://etsy.com/listing/941917762/organic-kaniwa-seeds-non-gmo-canihua>

- o Kaniwa, Yucca, Aloe Vera

<https://shilohfarms.com>

- o Sprouted / Organic Amaranth Flour, Buckwheat and Quinoa Flour

<https://starwest-botanicals.com/category/charcoal-powder-activated/>

- o Coconut Charcoal

<https://sunfood.com>

- o Dehydrated Olives

<https://ticgums.com/>

- o Organic Guar Gum

<https://thrivemarket.com>

- o Sprouted Quinoa and Brown Rice
- o Organic Arrowroot, Guar Gum

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## Medical Resources

<https://enterolab.com>

- o Allergy test labs
  - B2+
  - C2+

<https://ultalabtests.com/shop>

Low-cost labs

## Informational Resources

<https://ewg.org>

- o The Environmental Working Group
- o Research to protect the environment
- o Good information on chemicals we use including cleaning and personal supplies

<https://healthislife.org>

- o Ron Meinhardt: Researcher and Speaker

<https://ijdrp.org/index.php/ijdrp>

- o International Journal of Disease Reversal and Prevention

<https://pubmed.gov>

- o All medical Research & Scientific Studies

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